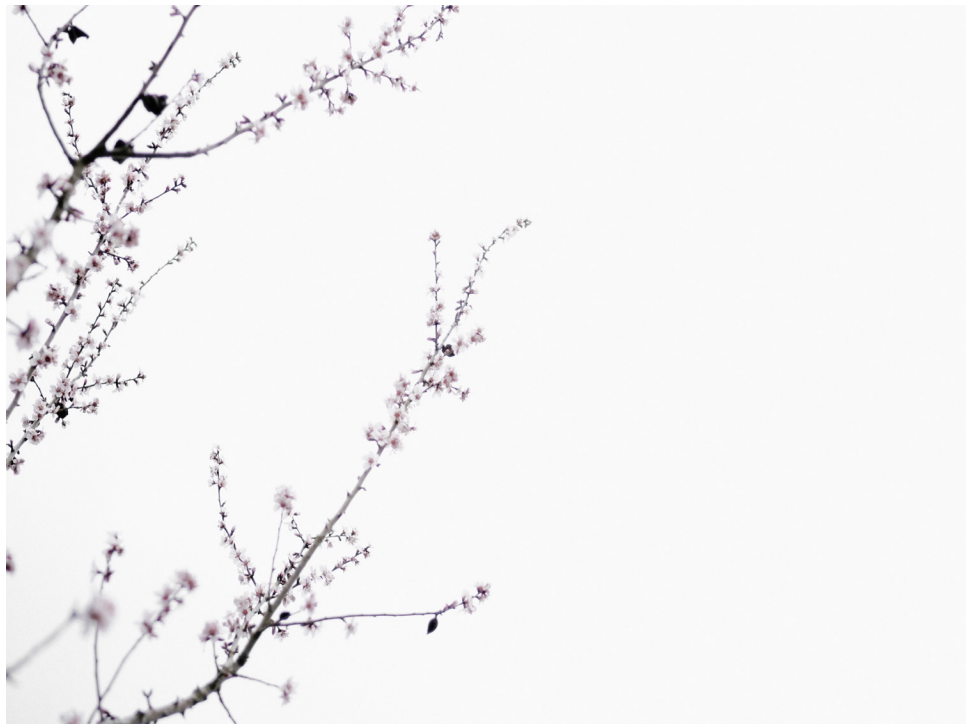


PRAYERS *for* THE JOURNEY





Healing Prayers

*Curated and
Written for*

I lift up my eyes to the mountains—
where does my help come from?
My help comes from the Lord,
the Maker of heaven and earth.
He will not let your foot slip—
he who watches over you will not slumber;
indeed, he who watches over Israel
will neither slumber nor sleep.

The Lord watches over you—
the Lord is your shade at your right hand;
the sun will not harm you by day,
nor the moon by night.
The Lord will keep you from all harm—
he will watch over your life;
the Lord will watch over your coming and going
both now and forevermore.

- PSALM 121 NIV -





I come to You
I am weary
And I carry heavy loads.

You are the rest for my soul.

You are listening,
You are here.

- ADAPTED FROM REEVES | CANYON ROAD -

You are here.

I have nothing to fear.


- ADAPTED FROM REEVES | CANYON ROAD -





Lord Jesus Christ, by your patience in suffering you hallowed earthly pain and gave us the example of obedience to your Father's will: Be near me in my time of weakness and pain; sustain me by your grace, that my strength and courage may not fail; heal me according to your will; and help me always to believe that what happens to me here is of little account if you hold me in eternal life, my Lord and my God. Amen.

- THE BOOK OF COMMON PRAYER -



O God, the strength of the weak and the comfort of sufferers: Mercifully accept our prayers, and grant to your servant the help of your power, that her sickness may be turned into health, and our sorrow into joy; through Jesus Christ our Lord, Amen.

- THE BOOK OF COMMON PRAYER -

Lord, you alone are my portion and my cup;
you make my lot secure.
The boundary lines have fallen for me in pleasant places;
surely I have a delightful inheritance.
I will praise the Lord, who counsels me;
even at night my heart instructs me.
I keep my eyes always on the Lord.
With him at my right hand, I will not be shaken.
Therefore my heart is glad and my tongue rejoices;
my body also will rest secure,
because you will not abandon me to the realm of the dead,
nor will you let your faithful one see decay.
You make known to me the path of life;
you will fill me with joy in your presence,
with eternal pleasures at your right hand.

- PSALM 16 NIV -

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

- ROMANS 15:13 NIV -





You are here.
You hold me in the hurting.

You are in the healing.
You are in the waiting.
You are in my heart.

You are with me.
You are with me in the breaking.

- EKKO CHURCH -

Peace.

May I have Your peace,

When I wait.

When it hurts.

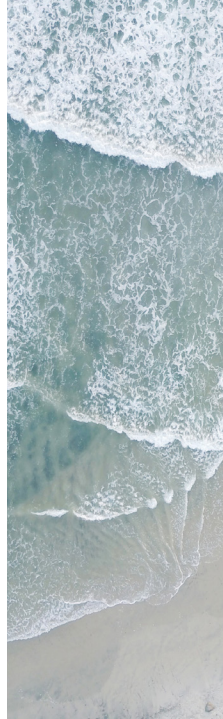
When my loved ones cry.

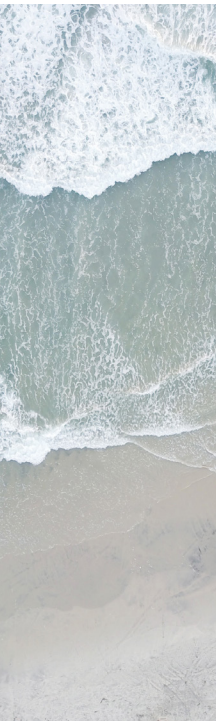
In Your presence, there is peace.

You are everywhere and in me.

You are ever-present and before me.

- EKKO CHURCH -





My hope is in You, Father.
Your steady hand holds
my future.

My hope is in You, Jesus.
Your eyes are ever on me.

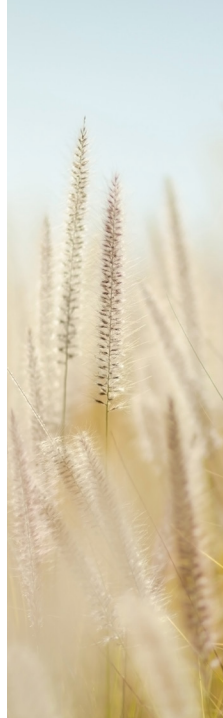
My hope is in You, Holy Spirit.
Your voice is guiding me closer
to You.

- EKKO CHURCH -

God is our refuge and strength,
an ever-present help in trouble.
Therefore we will not fear, though the earth give way
and the mountains fall into the heart of the sea,
though its waters roar and foam
and the mountains quake with their surging.

There is a river whose streams
make glad the city of God,
the holy place where the Most High dwells.
God is within her, she will not fall;
God will help her at break of day.
Nations are in uproar, kingdoms fall;
he lifts his voice, the earth melts.

The Lord Almighty is with us;
the God of Jacob is our fortress.





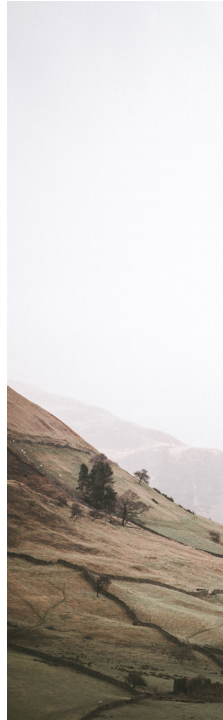
Come and see what the Lord has done,
the desolations he has brought on the earth.
He makes wars cease
to the ends of the earth.
He breaks the bow and shatters the spear;
he burns the shields with fire.

He says, “Be still, and know that I am God;
I will be exalted among the nations,
I will be exalted in the earth.”
The Lord Almighty is with us;
the God of Jacob is our fortress.

- PSALM 46 NIV -

And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

- PHILIPPIANS 4:7 ESV -





I can trust You.

You are watching over me.

You are close to my family.

You are guiding each nurse and doctor.

Your hand is upon me.

I can trust You.

You listen to the cries of my heart.

You carry me when I cannot carry myself.

You are my Father, my Savior, my Friend.

You are my past, my present, my future.

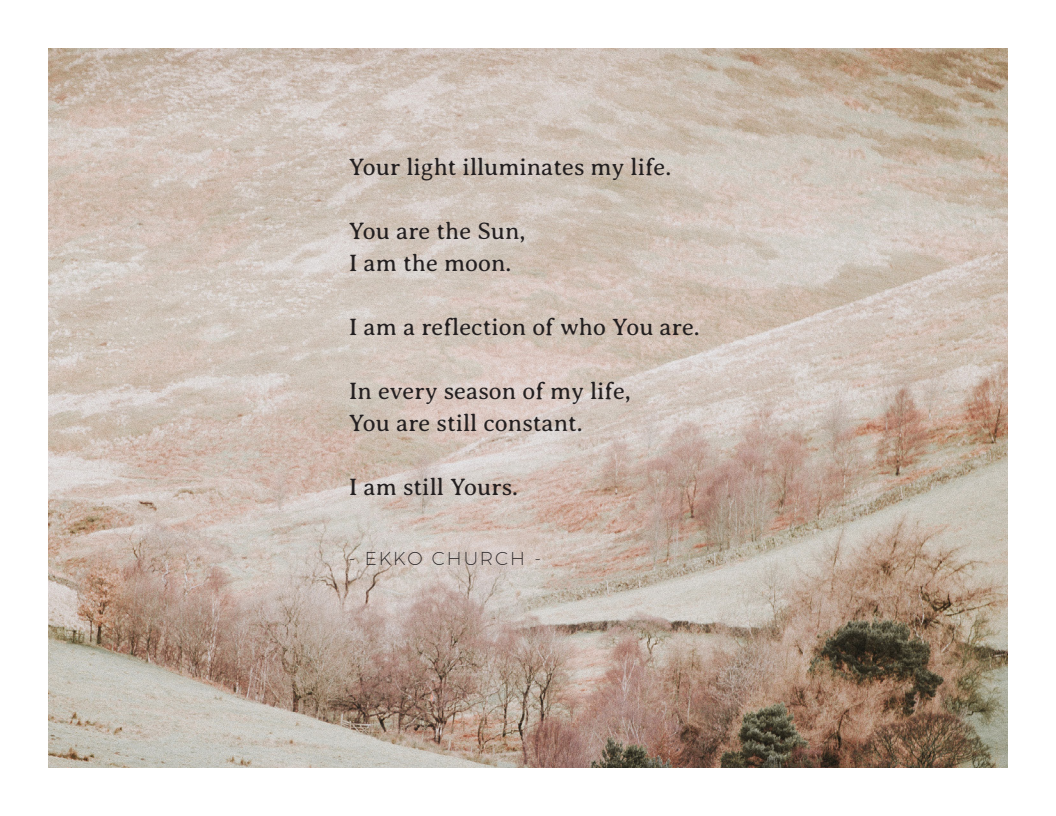
- EKKO CHURCH -

Our Father

Lord, train us to hear your voice. When it is time to grieve, help us to grieve. When it is time to rejoice, help us to rejoice. When we grow weary, be the strength in our weakness. And may your most beautiful and perfect will, not ours, be done. Amen.

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.

- COMMON PRAYER | A LITURGY FOR ORDINARY RADICALS -

A landscape photograph showing rolling hills and a valley. The hills are covered in sparse vegetation, and the trees in the foreground and middle ground are in various shades of autumn, including reds, oranges, and browns. The sky is a pale, hazy blue. The overall mood is serene and contemplative.

Your light illuminates my life.

You are the Sun,
I am the moon.

I am a reflection of who You are.

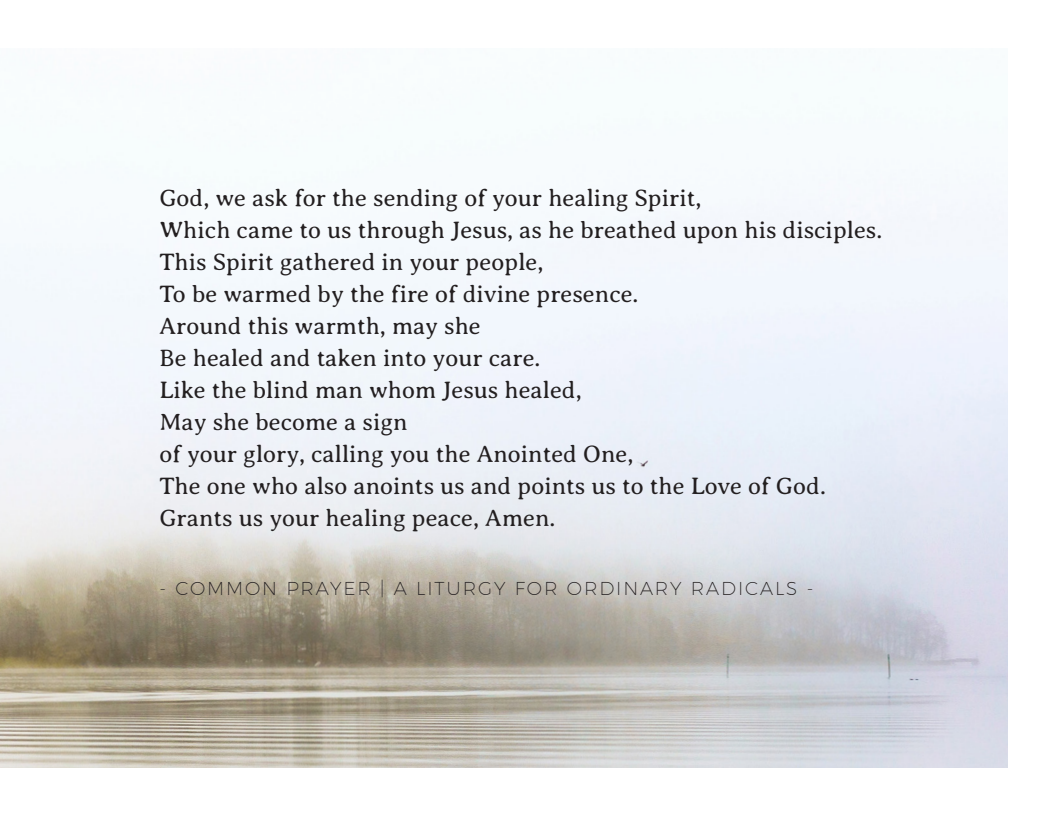
In every season of my life,
You are still constant.

I am still Yours.

- EKKO CHURCH -

In the name of the Father, Son, and Holy Spirit,
We enjoin your divine mercies.
Lord, why do we suffer?
Why do we hurt?
Shall our only answer
Be the eternal abyss of the cosmos?
Shall our only answer be the whirlwind of unknowing
Which engulfed Job?
Why do the wicked flourish,
While the righteous waste away?
I am left speechless, left with the words,
“I will trust in you, my God.”



A misty, foggy landscape with a body of water in the foreground and trees in the background. The scene is serene and atmospheric, with soft light filtering through the fog.

God, we ask for the sending of your healing Spirit,
Which came to us through Jesus, as he breathed upon his disciples.
This Spirit gathered in your people,
To be warmed by the fire of divine presence.
Around this warmth, may she
Be healed and taken into your care.
Like the blind man whom Jesus healed,
May she become a sign
of your glory, calling you the Anointed One,
The one who also anoints us and points us to the Love of God.
Grants us your healing peace, Amen.

- COMMON PRAYER | A LITURGY FOR ORDINARY RADICALS -

I waited patiently for the Lord;
he turned to me and heard my cry.

He lifted me out of the slimy pit,
out of the mud and mire;
he set my feet on a rock
and gave me a firm place to stand.

He put a new song in my mouth,
a hymn of praise to our God.

Many will see and fear the Lord
and put their trust in him.

- PSALM 40:1-6 NIV -

Our Father in heaven,
hallowed be your name.
Your Kingdom come,
your will be done,
on earth as in heaven
Give us today our daily bread.
Forgive us our sins,
as we forgive those who sin against us.
Lead us not into temptation,
but deliver us from evil.
For the kingdom,
the power and the glory are yours.
Now and for ever.

Amen.

- LORD'S PRAYER -



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notes



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